



# School & Sports Clearance Notes

A Parent's Guide to Our Medical Note Policy | *Effective Date: August 18, 2025*

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## When We Can Provide School Notes

✓ We WILL provide notes for:

- After office visits (illness, injury, follow-up, or well-child visits)
- Post-hospitalization (with discharge paperwork review and follow-up)

✗ We CANNOT provide notes for:

- Absences not related to medical conditions we've evaluated
  - Retroactive dates without corresponding medical visits
  - Non-medical reasons (vacations, convenience, etc.)
  - Patients who were not seen in **our** office
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## Sports Clearance Requirements

- Must have comprehensive physical exam within past 12 months
  - **In-person visit required** (no telehealth for sports clearance)
  - Recent injuries, concussions, or significant illnesses require provider evaluation
  - Special sports forms may take up to **5 business days**
  - **No retroactive clearance** - dates cannot be backdated
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## Important Reminders

- **All notes require a medical visit** with our providers
- **Sports forms** must be provided in advance when possible
- **Requests for notes without visits will be denied**

*This policy ensures we provide accurate, compliant medical documentation while prioritizing your child's health and safety.*